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## INFORMATION SHEET FOR ADULT CHOIR CAMPERS

### Dear Camper,

Summer is almost here and it's nearly time for Choir Camp. We are very excited that you have chosen to come to ACC this summer, and are sure it will be a great camp! The following information should answer most of your questions but if it doesn't please feel free to contact us at the NSCF office 902-423-4688 or 1-888-672-3969 or programs@nscf.ca

## ACC STAFF 2019

Camp DirectorRyan HenwoodGuest ConductorMichael ZauggAccompanistLaura HawleySoprano LeadLisa WebbAlto LeadKaitlin WilcoxTenor LeadThomas BurtonBass LeadBryan Crocker

Yoga for Singers Moon Coast Yoga Instructors

# **CAMP REGISTRATION**

Registration begins after lunch, at 1:00 p.m. on Monday afternoon, August 19<sup>th</sup>. Please register just inside the main gates at the little building across from the dining hall. <u>Please DO NOT arrive before 1:00pm as the camp gates will be closed until then</u>.

Those requiring accommodations will be shown your cabin or room after you have completed your registration. If you have a car on the site, you will need to provide the make/model/colour and license plate number and you will be assigned an area for parking.

Late arrivals: If you are unable to arrive by the start of rehearsal, at 3:00 p.m. please let us know.

### **ACCOMMODATIONS**

The accommodations provided are rustic but comfortable. (No insolation in walls!) You are welcome to bring things to camp that will make your stay more comfortable. On page 3 you will find a list of suggestions.

All residential campers need to provide their own bedding, blankets, pillows, towels and toiletries. Beds in the dormitories - all single rooms - are 3/4 beds (larger than single/smaller than double) so bring double sheets. There are now new bathrooms and showers in the dorms in addition to the separate shower blocks. The cabins have double beds.

Please don't hesitate to talk to the Camp Director about your accommodation before or during camp. We want to make you as comfortable as possible.

# **MUSIC**

The repertoire list, digital copies of music and some YouTube links will be shared with all registered campers. Music packets will not be mailed out in advance. Music packets for the week will be distributed at registration and must be returned at the end of the week. Please only mark music with pencil. If you have a music folder please bring it to camp.

# **SPECIAL DIETS**

Our chef, Brian Vienott, does his best to accommodate all the dietary requirements. However, he can only do so much. If you have extraordinary dietary needs it is <u>your responsibility</u> to bring/provide/prepare foods as needed.

# PURCHASING MEALS (for "Day Campers without Meals")

For day campers who bring their lunch, there are many picnic tables to eat under the hemlocks and there will be a cabin opened as well for your use. If any day camper wants to purchase individual meals for lunch or dinner during the camp, please let the camp director know at the <u>beginning</u> of the week so that appropriate arrangements can be made with kitchen staff. The cost is \$10 per person for lunch or supper and will need to be paid in cash at the beginning of the week. \*NOTE: Those campers with special diets may not be able to be accommodated in this situation.

## **WORKSHOPS**

**Yoga for Singers:** We are welcoming yoga instructors from Moon Coast Yoga for the early morning physical warm up! These will be *gentle* stretching exercises (not any difficult postures!) designed especially for singers to ground, balance and open the body for a day of singing! What a brilliant way to focus your mind and body for the day and maybe try out something new!

**Voice lessons:** Are offered by Sectional Leaders each day during free time. These are hugely popular. These are elective and sign-up sheets will be posted at the beginning of the week.

#### **SOCIAL ACTIVITIES**

The dining room is always open in the evening to gather to socialize, play games and access to the kitchen is allowed as long as campers clean up after themselves. A fridge will be designated for fresh fruit, juice and leftovers/snacks. Planned activities for the week include:

Monday: Games night and snacks in the dining hall

Tuesday: AGM - Movie Night Wednesday: Guest Conductor Talk

Thursday: Free

Friday: "Hollywood" Talent night is for everyone - campers and music staff.

So bring along your sheet music, instruments, and costumes.

#### WHAT ELSE DO I BRING?

Make yourself comfortable. It can be boiling hot or freezing cold (especially if raining) so be prepared for both! The dress for the week is very casual. Here is a list of the basic things you might want to bring with you, to make your camp experience a little more urbane!

- 1. Reading lamp and flashlight
- 2. Good book, reading material
- 3. Extension cord with surge protector
- 4. Bedding (duvet, sheets, and pillow) or sleeping bag
- 5. Extra Blanket
- 6. Towel and other toiletries
- 7. A warm sweat shirt or jacket
- 8. Umbrella and/or rain gear
- 9. Comfortable shoes

- 10. Seat cushions for chairs in the pavilion
- 11. Bug repellent
- Money for Berwick shopping
- Ideas for Friday's "talent" night sheet music, dramatic reading etc.
- 14. Water bottle
- 15. Pencil
- 16. Black Music Folder (if you have one)

## SATURDAY CONCERT - 1:30 p.m

Concert dress is more formal - dress, skirt/slacks and blouse for women and dress pants/shorts and shirt for men. The concert is free and open to the public. You are welcome and encouraged, to **invite friends and family** to attend.

## A FEW FINAL TIDBITS

You are welcome and encouraged to join in all camp activities especially the planned evening activities. Please do remember that the camp becomes very much like a community and you will become a part of that community.

For fire and safety concerns please use the sign in/out sheet provided if going off site. The Camp Director must also be informed of any expected visitors before their arrival. If you see a stranger on the grounds of camp, please inform the Director immediately.

The campground is alcohol free. There is a designated smoking area near the front gate.

ACC is a scent free experience - avoid using scented hair products etc. for the benefit of fellow singers.

Camp Phone Numbers: 902-538-9380 (Voice Mail) 902-538-7258 (Kitchen)

Forms and Deposit are due July 12<sup>th</sup> unless you have made other arrangements. If you have any registration questions, please contact us at programs@nscf.ca or 902-423-4688 Monday to Friday.

Get ready for a great week! See you August 19th!